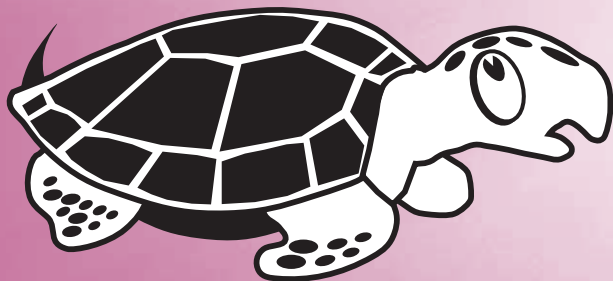


# **Disaster Preparedness**

***Prepare . . . Because You Care!***

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**Drop, Cover and Hold!**

**WASHINGTON  
MILITARY  
DEPARTMENT**



**EMERGENCY  
MANAGEMENT  
DIVISION**

OFFICE LOCATION

Building 20  
Camp Murray, WA

MAILING ADDRESS

Building 20, MS: TA-20  
Camp Murray, WA  
98430-5122

# **Disaster Preparedness Month**

March 1, 2001

Dear “**Disaster Preparedness Month**” Supporter:

By proclamation of Governor Gary Locke, April has once again been designated as “**Disaster Preparedness Month.**”

This month-long, all hazards campaign will highlight a statewide “**Drop, Cover and Hold**” drill on April 26<sup>th</sup> between 9:45 A.M. and 10:00 A.M. Radio and television broadcasters across the state will transmit a message encouraging the citizens of Washington to stop current activities and take appropriate earthquake safety action. Please call your local radio station and ask if they are going to broadcast the “**Drop, Cover and Hold**” message. The drill will be observed by state and local government agencies, schools, hospitals, businesses and the general public.

Enclosed in this packet are the materials for the 2001 campaign. Copies of the videos referenced in the packet will be available for check out from your local emergency management office, or for state agencies from Washington State Emergency Management. Please feel free to copy any of the printed materials or materials found on the CD ROM for your clients and employees.

Please fill out the enclosed survey sheet and fax or mail it to me after the campaign. My e-mail address is [b.Thurman@emd.wa.gov](mailto:b.Thurman@emd.wa.gov). Return of the survey will ensure your receiving materials for next year’s campaign.

I look forward to working with you before, during and after the April campaign. If I can be of assistance, please call me at (253) 512-7047.

Sincerely,

Barbara Everette Thurman  
Disaster Preparedness Month Coordinator



### Radio and TV Participation

Washington state radio and television stations are urged to promote the statewide earthquake drill and broadcast the drill via the Emergency Alert System (EAS) between 9:45 a.m.–10:00 a.m. on April 26<sup>th</sup>. Call your local radio or television station to see if they plan to broadcast the “**Drop, Cover and Hold**” message.

### WASHINGTON MILITARY DEPARTMENT



### EMERGENCY MANAGEMENT DIVISION

For more information about earthquake safety, contact your local emergency management office or the state Disaster Preparedness Month Coordinator at (253) 512-7047

# Statewide Earthquake Drill

**April 26, 2001 – Between 9:45 A.M.– 10:00 A.M.**

A statewide earthquake “**Drop, Cover and Hold**” drill will be an important part of the 2001 Disaster Preparedness Month activities. This drill will remind Washingtonians what to do when the ground starts to shake.

## Washington State is Earthquake Country

### How to Participate

- Plan to conduct a drill at home, at school, and at work. Remember the drill is for everyone in Washington State.
- To encourage participation, display announcements about the drill well in advance. An announcement is included in your packet of materials.
- Listen for the drill message. In case of a communications interruption, or in the event you are unable to participate in the drill on the 26<sup>th</sup>, broadcast your own message over your facility’s public address system or use a different signal, such as a bell or whistle. If you use a signal other than the radio, make certain everyone knows what signal will be used.
- Between 9:45 A.M. and 10:00 A.M., imagine that an earthquake is occurring. **Drop** under a sturdy desk or table, **Cover** your head, and **Hold** on to the desk or table until the drill message is complete (about 30 seconds).
- Use the drill as a springboard to discuss other essential earthquake safety actions with family, friends and coworkers.

# Drop, Cover and Hold Drill!

**Drop** — Drop down on the floor.

**Cover** — Take cover under a sturdy desk, table, or piece of furniture. If this is not possible, take cover against an interior wall and protect your head and neck with your arms. Avoid danger spots near windows, hanging objects, mirrors or tall-unsecured furniture.

**Hold** — If you take cover under a piece of furniture, hold on to it and be prepared to move with the furniture. Hold the position until the ground stops shaking and it is safe to move.



WASHINGTON  
MILITARY  
DEPARTMENT



EMERGENCY  
MANAGEMENT  
DIVISION

For more information  
about earthquake safety,  
contact your local emergency  
management office or the state  
Disaster Preparedness  
Month Coordinator  
at (253) 512-7047

## Tips! Drop, Cover and Hold Drill!

- When in a **HIGH-RISE BUILDING**, move against an interior wall if you are not near a desk or table. Protect your head and neck with your arms. Do not use the elevators.
- When **OUTDOORS**, move to a clear area away from trees, signs, buildings, or downed electrical wires and poles.
- When on a **SIDEWALK NEAR A BUILDING**, move into a doorway to protect and drop to protect yourself from falling bricks, glass, plaster and other debris.
- When **DRIVING**, pull over to the side of the road and stop. Avoid overpasses and power lines. Stay inside your vehicle until the shaking stops.
- When in a **CROWDED STORE OR OTHER PUBLIC PLACE**, move away from display shelves containing objects that could fall. Do not rush for the exit.
- When in a **STADIUM OR THEATRE**, stay in your seat, get below the level of the back of the seat and cover your head and neck with your arms.

# Weather Radio Awareness Month

Washington State Emergency Management Division in partnership with the National Weather Service (NOAA) announce Weather Radio Awareness Month

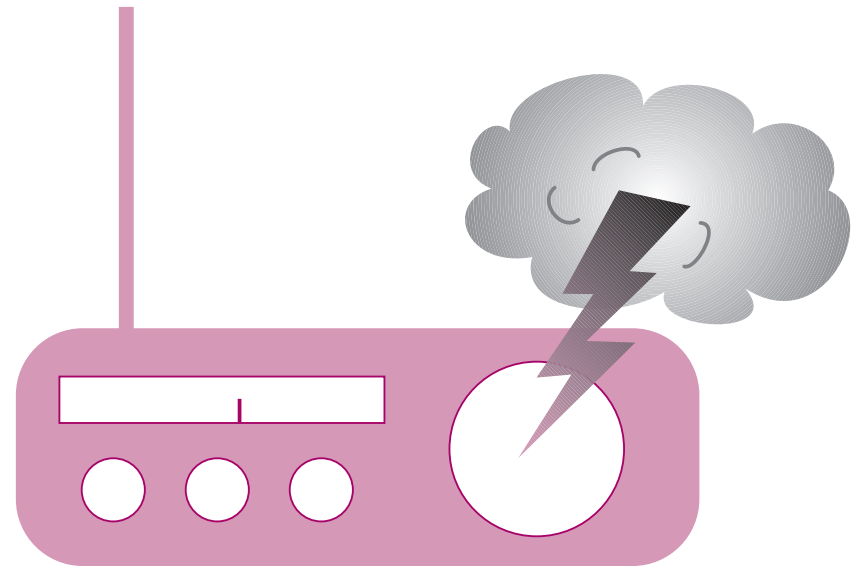
*September 2001*

- NOAA Weather Radio is a major part of the Emergency Alert System (EAS).
- Weather Radios are battery-operated in the event of power outages.
- Weather Radios have a warning alarm feature that instantly alerts you to fast breaking events around the clock.
- Weather Radios are available at most radio electronic retailers and Internet outlets.
- Now “EAS-type” weather radio models permit you to alarm only the warning messages you want for your area.



**NOAA**  
**Weather Radio**

The Voice of the  
National Weather Service



Weather Radios enable you to monitor weather-related Forecasts, Watches and Warnings — 24 hours a day direct from the National Weather Service. NOAA Weather Radio is an “all-hazards” warning system used not only for flood and weather-related events, but also for hazards like tsunamis, volcanic activity and hazardous releases.